

# Weighing the Pro's and Con's

---

*of a particular belief, behavior, habit, relationship, or situation.*

Target: \_\_\_\_\_

## ***Option 1: Keeping Things As They Are***

<u>Pros</u>	<u>Cons</u>

## ***Option 2: Changing Things***

<u>Pros</u>	<u>Cons</u>