



Bonding Talk	Strategy Talk
Focus: Providing emotional validation and support.	Focus: Identifying a rational solution to the problem at hand.
Method: Expressing feelings, & listening with warm concern.	Method: Brainstorming options, & evaluating logically, from all sides
Physical Touch: Provided for additional emotional support.	Physical Touch: Inappropriate or distracting to problem-solving.
Eye Contact: Close & continuous, drawing out deep unspoken feelings.	Eye Contact: Short & episodic, as the eyes internally scan for ideas.
Duration: Long and lingering, to strengthen the relationship.	Duration: Short and efficient, to solve the problem and move on.