

Learning to Manage the BbET's ("Babettes") *[Boring but Essential Tasks]*

----- DAILY:

Meal Prep – Menu planning, grocery shopping , put food away, make meals

Meal Cleanup – Wash dishes, sweep floor, clean counters, put dishes away, put food away

Laundry – Gather, sort, wash, dry, fold, hang, put away

Paid Work – At work site, prep work, communication, travel, training

----- WEEKLY:

Home Maintenance – Clean bathrooms, make beds, dust, vacuum, etc.

Finances – Gather bills, pay bills, budget, set up insurance, pay taxes, etc.

Time Mgt – Scheduling, coordinate w/others in and out of the house, schedule car

----- OCCASIONALLY / AS NEEDED:

Vehicle Maintenance – fuel, oil, tuneup, tires, tidy, vaccum, wash, wax, detail

Education – attend school, do homework, home study, self-directed learning

Home Organization – Dejunk, find places for things, etc.

Repair – house, yard, vehicles, appliances, etc.

----- EVENTUALLY / MAYBE:

Yard Care – mow lawn, water, rake leaves, weed, prune, plant, remove snow, etc.

Child Care – feed, diaper, calm, bathe, transport, set up external child care, etc.

Pet Care – feed, walk, clean up poop, clean up other messes, train, etc.

-- Essential to sustain healthy communication, sex, affection, recreation, health, happiness, peace --