

MARITAL SATISFACTION SURVEY Name _____ Date _____
5 – Very Satisfied 4-Satisfied 3-Neutral 2-Unsatisfied 1-Very Unsatisfied

1-PHYSICAL:

- Physical Affection
- Sexual Fulfillment
- Physical Health and Vitality – Self
- Physical Health and Vitality - Partner
- Physical Attractiveness – Self
- Physical Attractiveness – Partner

TOTAL: ___ / 30/6 Ave:___

2-EMOTIONAL:

- Feeling of Connection
- Quantity of Time Together
- Quality of Time Together
- Feeling Safe With My Partner
- Trusting My Partner
- Feeling Trusted By My Partner
- Able to Share Feelings

TOTAL: ___ / 35/7 Ave:___

3-FAMILY ROLES:

- Agreement on parenting style
- Level of my involvement with children
- Level of my partner’s involvement with children
- Level of involvement with families of origin
- Distribution of household tasks

TOTAL: ___ / 25/5 Ave:___

4-FINANCIAL:

- Agreement on financial style
- Agreement on distribution of income
- Satisfaction with income level

TOTAL: ___ / 15/3 Ave:___

5-SPIRITUAL:

- Shared Spiritual/Religious Values
- Shared Preference - Lifestyle
- Level of Partner’s Spiritual Commitment
- My Connection to Higher Power
- Partner’s Connection to Higher Power

TOTAL: ___ / 25/5 Ave:___

6-PERSONAL GROWTH AND INDIVIDUALITY:

- My personal growth and individuality
- My partner’s personal growth and individuality
- Feeling supported in my personal projects
- Feeling supportive of partner’s personal projects

TOTAL: ___ / 20/5 Ave:___

GRAND TOTAL: ___ / 150/30 Ave:___