

# **Promoting Unity, Connection, and Respect**

## *How to Cultivate a Joyful, Fulfilling Relationship: Even in the Fulness of Times*

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And the same sociality which exists among us here will exist among us there, only it will be coupled with eternal glory, which glory we do not now enjoy.

-- [D&C 130:2](#)

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The ultimate purpose of every teaching, every activity in the Church is that parents and their children are **happy at home**, sealed in an eternal marriage, and linked to their generations.

**The ultimate purpose of the adversary,**

who has “great wrath, because he knoweth that he hath but a short time,”

**is to disrupt, disturb, and destroy the home and the family.**

-- Boyd K. Packer, “[The Father and the Family](#),” *Ensign*, May 1994 (Quote: [Rev. 12:12](#))

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**Avoid any semblance of pornography.**

It will desensitize the spirit and erode the conscience. We are told in the Doctrine and Covenants—that which doth not edify is not of God, and is darkness. Such is pornography.

—Pres. Thomas S. Monson, “[True to the Faith](#),” *Ensign*, May 2006 (Quote: [D&C 50:23](#))

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**We live in a world that is filled with filth and sleaze**, a world that reeks of evil. It is all around us. It is on the television screen. It is at the movies. It is in the popular literature. It is on the Internet.

**You can’t afford to watch it, my dear friends.** You cannot afford to let that filthy poison touch you. **Stay away from it. Avoid it.** You can’t rent videos and watch them as they portray degrading things. You... who hold the priesthood of God cannot mix this filth with the holy priesthood.

**Be clean. Don’t waste your time in destructive entertainment.**

--Gordon B. Hinckley, “[A Prophet’s Counsel and Prayer for Youth](#),” *Ensign*, Jan. 2001

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**Great battles can make great heroes and heroines.**

Some of the greatest battles we will face will be fought within the silent chambers of our own souls.

**Each of us has our own battlefield.**

The tactics which the enemy will use against us will vary from time to time. He will seek to exploit our weak spots, so we must be alert to the devil’s devious designs – the subtle sins and clever compromises, as well as the obvious offenses.

-- Ezra Taft Benson, “[In His Steps](#),” *Ensign*, Nov. 1979 and Sept. 1988

## **A Tool Against Good People**

Are there so many fascinating, exciting things to do,  
or so many challenges pressing down upon you that it is hard to keep focused on what is essential?  
When things of the world crowd in, all too often the wrong things take highest priority.  
Then it is easy to forget the fundamental purpose of life.

Satan has a powerful tool to use against good people. It is *distraction*.  
He would have good people fill life with “good things” so there is no room for the essential ones.  
Have you unconsciously been caught in that trap?

-- Richard G. Scott, “[First Things First](#),” *Ensign*, May 2001, p. 6

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**Husbands and wives need time together** to fortify themselves and their homes  
against the attacks of the adversary.

– David A. Bednar, “[Marriage Is Essential to His Eternal Plan](#),”  
Feb. 2006 Worldwide Leadership Training

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## **Building – Or Rebuilding – Trust and Connection**

**Destructive Use:**

**Constructive Use:**

➤ Time

➤ Talk

➤ Activity

➤ Media